

Place	Number	Name	Surname	Sex	0.1Mile	1.1mi	2.1mi	3.1mi	4.1mi	5.1mi	6.1mi	7.1mi	8.1mi	9.1mi	10.1mi	11.1mi	12.1mi	13.1mi	Finish
1	86	David	Bohan	M	0:43	6:23	6:18	6:29	6:42	6:45	7:01	7:06	7:03	7:13	7:00	6:48	6:51	6:36	1:28:58
2	126	Paschal	Silke	M	0:44	7:14	7:20	7:30	7:28	7:29	7:25	7:24	7:27	7:29	7:37	7:37	7:30	7:28	1:37:42
3	130	Donagh	Coffey	M	0:44	7:02	7:04	7:03	7:27	7:22	7:32	7:51	8:22	8:00	8:31	8:21	8:35	8:36	1:42:28
4	111	Keith	Quinn	M	0:39	6:52	7:22	7:48	7:43	7:52	8:07	8:07	8:18	8:24	8:26	8:41	8:45	8:37	1:45:43
5	88	Loretta	Gallagher	F	0:47	7:53	7:53	7:57	8:01	8:08	8:00	8:15	8:14	8:24	8:21	8:19	8:20	8:08	1:46:39
6	141	Paul	Hanniffy	M	0:45	7:25	7:47	7:57	8:09	8:06	8:14	8:15	8:14	8:21	8:42	8:32	8:38	8:27	1:47:33
7	128	Fionnuala	O'Mara	F	0:52	8:12	8:15	8:09	8:19	8:19	8:22	8:20	8:22	8:23	8:28	8:25	8:20	8:05	1:48:50
8	148	Aine	Tierney	F	0:50	8:04	8:12	8:19	8:25	8:20	8:19	8:24	8:22	8:24	8:27	8:31	8:33	8:24	1:49:33
9	17	Wojciek	Musial	M	0:53	8:29	8:17	8:25	8:34	8:33	8:34	8:38	8:42	8:56	9:05	9:22	9:22	9:02	1:54:53
10	69	Ger	Fahy	F	0:53	8:55	9:03	9:08	9:06	9:06	9:04	9:06	8:56	8:57	9:02	8:58	9:05	8:45	1:58:03
11	103	Tomas	Mannion	M	0:54	8:55	9:04	9:11	9:03	9:06	9:04	9:17	9:11	9:50	9:43	10:12	11:27	11:50	2:06:46
12	109	Caroline	Quinn	F	0:46	11:29	11:39	11:10	10:28	11:11	11:41	11:32	11:47	11:46	12:10	12:12	12:06	11:39	2:31:35