

Place	Number	TI Number	Surname	Name	Sex	Cat	Swim	T1	Cycle	T2	Run	Finish
1	310	10071190	Kelly	Aidan	Male	30-39	0:14:51	0:00:49	0:28:34	0:00:48	0:19:53	1:04:55
2	283	10004009	Cuddy	Gerard	Male	30-39	0:13:44	0:00:57	0:30:22	0:00:38	0:19:33	1:05:13
3	285	10062402	Daly	Paul	Male	30-39	0:14:20	0:01:06	0:31:09	0:00:53	0:18:40	1:06:08
4	287	10027414	Dooley	Kilian	Male	40-49	0:14:41	0:00:41	0:30:26	0:00:18	0:21:23	1:07:29
5	282	10037894	Cotter	Martin	Male	40-49	0:14:52	0:00:57	0:30:34	0:00:51	0:21:29	1:08:42
6	309	10062577	Kelly	Sean	Male	30-39	0:14:49	0:01:07	0:33:53	0:00:31	0:21:26	1:11:46
7	303	10009550	Hession	Micheal	Male	40-49	0:16:18	0:00:41	0:31:49	0:00:22	0:22:39	1:11:50
8	296	10033414	Fergus	Brendan	Male	Under30	0:47:49	0:01:14	0:33:45	0:00:43	0:23:43	1:12:30
9	315	10039805	Maguire	Dermot	Male	40-49	0:16:08	0:01:06	0:33:19	0:00:19	0:21:42	1:12:34
10	355	10000361	McHugh	Morgan	Male	40-49	0:16:01	0:00:50	0:32:09	0:00:56	0:23:55	1:13:52
11	350	10057945	O' Driscoll	Odhran	Male	Under30	0:13:34	0:01:16	0:36:17	0:00:45	0:23:06	1:14:57
12	333	10058275	Staunton	Niamh	Female	Under30	0:12:44	0:01:04	0:37:42	0:00:44	0:23:32	1:15:46
13	338	10021075	Walsh	Jane	Female	40-49	0:13:42	0:00:54	0:36:54	0:00:32	0:24:25	1:16:26
14	300	10028346	Foley	Neil	Male	30-39	0:13:52	0:01:09	0:29:59	0:00:44	0:30:52	1:16:36
15	307	10002445	Hynes	Leo	Male	40-49	0:14:36	0:02:27	0:30:30	0:01:26	0:28:54	1:17:53
16	348	1004720	Carrick	Noel	Male	50-59	0:14:01	0:01:12	0:35:14	0:00:27	0:27:12	1:18:06
17	293	10015573	Farrell	James	Male	Under30	0:17:12	0:02:00	0:36:01	0:00:45	0:22:13	1:18:12
18	331	10040909	Ruane	Paul	Male	30-39	0:16:41	0:01:32	0:35:03	0:00:47	0:24:44	1:18:46
19	323	10011043	Murphy	Ronan	Male	30-39	0:13:25	0:02:00	0:37:01	0:01:04	0:25:59	1:19:29
20	324	10013432	Naughton	James	Male	40-49	0:16:51	0:01:42	0:37:29	0:00:54	0:22:48	1:19:42
21	275	10060625	Browne	Elaine	Female	30-39	0:17:37	0:01:20	0:34:25	0:00:57	0:26:26	1:20:45
22	312	10066621	Lyons	Cormac	Male	30-39	0:16:27	0:01:40	0:37:12	0:00:45	0:25:15	1:21:18
23	339	10026748	Waters	Brian	Male	30-39	0:15:38	0:01:38	0:37:57	0:00:37	0:26:01	1:21:52
24	276	10069493	Cafolia	Nathan	Male	Under30	0:14:44	0:01:26	0:39:20	0:00:30	0:26:00	1:22:00
25	314	10016362	Mac cabe	Joseph	Male	50-59	0:16:17	0:01:20	0:37:40	0:00:51	0:25:58	1:22:06
26	319	10052346	Mcgoey	Peter	Male	30-39	0:24:30	0:01:37	0:33:13	0:00:48	0:21:58	1:22:07
27	321	10047536	Morrissey	Alan	Male	30-39	0:16:23	0:02:02	0:36:23	0:01:17	0:26:45	1:22:50
28	352	10005135	McGrath	Clionadh	Female	30-39	0:17:56	0:02:25	0:35:30	0:01:28	0:26:17	1:23:37
29	330	10069713	Ruane	David	Male	30-39	0:24:16	0:02:13	0:33:10	0:00:53	0:23:18	1:23:50
30	318	10052525	McDermott	Orla	Female	Under30	0:13:29	0:00:43	0:38:22	0:00:20	0:31:19	1:24:13
31	277	10039680	Callan	Aoife	Female	30-39	0:19:39	0:01:36	0:36:45	0:01:20	0:24:58	1:24:18
32	325	10047480	O connell	Rory	Male	50-59	0:13:10	0:02:25	0:36:00	0:01:09	0:31:43	1:24:26
33	344	10014403	Young	Eoin	Male	Under30	0:22:21	0:01:10	0:33:32	0:00:51	0:26:53	1:24:47
34	327	10041292	O'flaherty	Esther	Female	30-39	0:17:29	0:02:22	0:38:34	0:01:01	0:25:22	1:24:48
35	329	10063154	Pfeiffer	David	Male	50-59	0:17:22	0:01:40	0:34:28	0:01:15	0:30:20	1:25:05
36	341	10002114	Whelan	Ferdy	Male	Over60	0:18:39	0:02:37	0:36:43	0:01:11	0:27:06	1:26:15
37	306	10002120	Hynes	Geraldine	Female	30-39	0:20:21	0:02:02	0:37:22	0:01:14	0:25:33	1:26:32
38	248	10010947	Margret	Hogan	Female	30-39	0:16:30	0:02:14	0:37:43	0:00:58	0:29:16	1:26:41
39	328	10074642	O'Keefe	David	Male	Under30	0:15:05	0:02:27	0:39:48	0:00:31	0:29:26	1:27:17
40	284	10062495	Curley	Keith	Male	30-39	0:18:39	0:01:43	0:35:37	0:01:01	0:30:31	1:27:32
41	294	10064682	Farrell	Rachel	Female	Under30	0:14:47	0:01:57	0:42:16	0:00:11	0:28:58	1:28:09
42	347	10030000	McDermott	Helen	Female	40-49	0:16:33	0:01:14	0:37:55	0:01:06	0:32:05	1:28:52
43	335	10061097	Visbey	Jaclyn	Female	30-39	0:14:55	0:03:19	0:40:00	0:00:23	0:30:46	1:29:24
44	299	10056187	Foley	Clodagh	Female	40-49	0:18:12	0:03:05	0:39:59	0:01:13	0:28:55	1:31:25
45	281	10062461	Guickian	Eimear	Female	30-39	0:18:05	0:01:42	0:40:15	0:01:03	0:31:07	1:32:12
46	313	10070576	Mac an tSaoir	Cillian	Male	Under30	0:27:45	0:01:48	0:37:01	0:00:55	0:25:01	1:32:30
47	337	10070874	Walsh	Bartley	Male	30-39	0:19:25	0:02:15	0:40:22	0:01:05	0:30:04	1:33:11
48	297	10062629	Finnerty	Noel	Male	40-49	0:23:28	0:02:30	0:39:11	0:01:20	0:26:45	1:33:13
49	278	10075083	Carey	Grace	Female	30-39	0:20:04	0:02:54	0:40:07	0:00:38	0:29:34	1:33:16
50	209	10044769	Liz	O' reilly	Female	30-39	0:18:26	0:01:49	0:41:02	0:00:52	0:31:08	1:33:18
51	342	10075885	Wilson	Fiona	Female	30-39	0:18:31	0:03:53	0:43:40	0:00:36	0:27:04	1:33:44
52	295	10035979	Feeney monaghan	Sinead	Female	30-39	0:23:16	0:02:45	0:40:51	0:00:37	0:26:24	1:33:54
53	343	10062208	Woods	Graham	Male	30-39	0:23:44	0:03:52	0:42:34	0:00:49	0:24:23	1:35:22
54	332	10075875	Ryan	Becky	Female	30-39	0:20:31	0:02:52	0:42:59	0:00:31	0:28:32	1:35:25
55	274	10073451	Breen	Lynda	Female	30-39	0:18:49	0:02:44	0:42:06	0:00:41	0:31:06	1:35:26
56	280	10070796	Carr	Stefanie	Female	40-49	0:20:29	0:02:08	0:39:58	0:00:55	0:32:34	1:36:05
57	305	10026902	Hynes	John	Male	40-49	0:21:00	0:01:53	0:39:53	0:01:02	0:32:22	1:36:11
58	320	10054640	Molloy	Gail	Female	30-39	0:20:55	0:02:04	0:43:27	0:01:01	0:28:47	1:36:14
59	308	10073581	Kelly	Rhea	Female	30-39	0:16:59	0:03:18	0:45:54	0:00:37	0:30:00	1:36:47
60	286	10056183	Divilly	Kevina	Female	30-39	0:18:10	0:03:17	0:42:38	0:01:25	0:32:44	1:38:14
61	301	10063263	Galvin	Brid	Female	30-39	0:24:33	0:01:50	0:44:43	0:00:48	0:28:36	1:40:30
62	271	10048476	Archibald	Zara	Relay	30-39	0:19:18	0:00:42	0:54:00	0:00:51	0:26:37	1:41:27
63	322	10067100	Murphy	Laura	Female	30-39	0:24:04	0:03:22	0:41:21	0:00:53	0:32:03	1:41:42
64	353	10045544	Duggan	Mary	Female	40-49	0:20:14	0:03:09	0:49:47	0:00:57	0:27:37	1:41:44
65	171	10034429	Fionnuala	Hernon o flaherty	Female	40-49	0:19:17	0:03:42	0:44:52	0:00:44	0:33:29	1:42:05
66	354	10012682	Gregan	Sheila	Female	40-49	0:18:25	0:01:55	0:44:21	0:01:30	0:36:38	1:42:49
67	317	10073865	Mcauliffe	Ian	Male	40-49	0:23:54	0:04:20	0:42:56	0:00:58	0:31:59	1:44:06

68	346	10045344	Woods	Julie	Female	40-49	0:23:58	0:03:34	0:42:56	0:01:05	0:33:47	1:45:20
69	349	10005298	Donnellan	Mary	Female	30-39	0:19:17	0:02:40	0:48:28	0:01:20	0:34:29	1:46:13
70	336	10018067	Waldron	Ruth	Female	30-39	0:30:28	0:01:33	0:51:20	0:01:50	0:24:47	1:49:57
71	298	10052164	Flynn	Alan	Male	50-59	0:25:43	0:06:34	0:42:43	0:03:10	0:36:03	1:54:13
72	273	10075938	Beirne	Jonathan	Male	Under30	0:31:17	0:02:22	0:51:20	0:00:27	0:29:11	1:54:37
73	272	10075936	Beirne	Dearbhaile	Female	Under30	0:22:17	0:02:41	1:00:01	0:00:27	0:29:11	1:54:37
74	340	10073845	Whelan	David	Male	Under30	0:21:36	0:31:24	0:40:40	0:00:43	0:24:23	1:58:46
75	356	ODL	Cuddy	Micheal	Male	30-39	0:20:46	0:32:16	0:39:40	0:01:43	0:24:37	1:59:01
76	311	10073121	Kinnane	John	Male	30-39	0:44:10	0:02:03	0:41:11	0:00:55	0:35:53	2:04:12
77	334	10066400	Sweeney	Sean Marie	Female	30-39	0:21:29	0:04:28	0:57:35	0:00:48	0:40:57	2:05:17
78	290	10055982	Durcan	Aisling	Female	Under30	0:19:58	0:21:46	0:11:43	0:48:49	0:33:12	2:15:28
79	292	10055983	Durcan	Aoife	Female	Under30	0:20:02	0:21:41	0:11:45	0:49:36	0:32:23	2:15:28
	291	10055984	Durcan	John	Male	50-59	0:45:37	0:07:58	0:44:19			No Time
	279	10070628	CARMODY	CONOR	Male	30-39	1:29:56	0:01:24	1:34:46			No Time